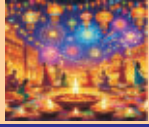




HUSSAIN MEMORIAL MATRIC. HR. SEC. SCHOOL SCHOOL BULLETIN

For Private Circulation only

Issue No. 3 / October 2024



REFLECTIONS

Wish you all a Very Happy Diwali & Children's Day



Carrier Guidance Programme - Economics

Eco. Quotient Economics quiz was conducted for Commerce students of classes XI and XII on 27th August 2024. It was conducted in our School campus by MOP Vaishnava college's final year students. Our students took part enthusiastically and performed well in the quiz.

Puppet Show



A Puppet show for the students of KG and Class I was conducted on 28th August 2024 on the theme 'No Plastic'. They were given an insight on the harmful effects of plastics. The tiny tots watched the puppet show with apt attention and pledged to follow the same.

Road Safety Patrol (RSP) Demo



On 28th August 2024 the Road Safety Patrol (RSP) team of our School conducted a demonstration on Road Safety. The RSP cadets demonstrated the safety rules to be followed by pedestrians, cyclists and other vehicles. The students were also taught about hand and traffic signals. The importance of Road Safety was also explained through a mime enacted by the cadets.

Scouts and Guide Camp

A Pre – Test camp for Scouts and Guides was held from 30th August to 1st September at Velammal Vidyalaya, Alapakkam. The eligible students of Scouts and Guides appearing for Rajapuraskar Exam from our School participated. They were imparted training on First Aid for Wounds, Bleeding, Fracture and Burns. They were also taught about the basic knots used in Scouting.



The Badge Books and Log Books of the participants were checked and verified by the District Organizing Commissioner, Scouts and Guides.

Memorial Service



A memorial service was held on 1st September 2024 in honour of our Co-founder Mrs. Gowhar Hussain who passed away on 1st September 2005.

On this day we paid tribute to the life and legacy of an extraordinary woman who left an indelible mark in this world. Her unwavering dedication to education, selfless service, and compassion inspired countless individuals. Through her remarkable journey, she founded a school, empowered students, and received numerous awards for her tireless efforts. Though she may be gone, her spirit lives on, inspiring future generations to embrace her values of kindness, generosity, and love. We honour her memory and continue her remarkable work, ensuring her impact never fades.

Teacher's Day Celebration



Teacher's Day was celebrated on 5th September 2024. The students put up a spectacular show to honour the Teachers. On behalf of the School, the class monitors and appointment holders presented a valuable gift on the occasion to the teachers as a mark of their affection and respect towards them. They also organized a cultural event on the occasion. The event was a grand success. The teachers were truly moved by the kind gesture made by the students.

First Terminal Exam for Classes KG to VIII

The First Terminal Exam for classes KG to VIII was held from 9th September to 20th September 2024.

Visit to VGP Snow Kingdom and MGM





222 students of classes I to V were taken to VGP theme park on 21st September and 106 students of classes VI to VIII were taken to MGM theme park on 23rd September 2024, respectively. They enjoyed the day and came back refreshed with fond memories.

XXIX Major MK Hussain Memorial Inter School Football Tournament



This Tournament is conducted annually since 1991 and was instituted in honour of the Founder of the School, late Major M.K. Hussain who was a keen footballer.

This year the tournament was conducted from 7th to 10th October 2024 in which teams from Schools in and around Ambattur, Anna Nagar, Avadi and Poonamalle participated.

After a keenly contested competition, the Winners and Runners up in the tournament are as under:

Category	Winners	Runners up
Boys	Jain Vidyaashram Senior Sec. School	Hussain Memorial Matric. Hr. Sec School
Girls	Jain Vidyaashram Senior Sec. School	Hussain Memorial Matric. Hr. Sec School



The Rolling Trophies, Medals and Certificates were presented to the Winners and Runners up by the Honourable Chairman and Correspondent, Brigadier M.I. Hussain.

Parents Teachers Open Day Meet (PTODM)

Parent Teacher's Meet for all classes was conducted from 17th October to 24th October 2024. The Cumulative Record cards/Progress cards were handed over and the parents were briefed on the performance of the students. Suggestions and points received from parents were welcomed and action was taken where necessary.

Excursion to Hyderabad



117 students of class XI & XII and 97 students of class IX & X along with teachers visited Hyderabad from 1st to 4th October 2024 and 17th to 20th October 2024, respectively. They visited Wonderla Amusement Park, and Historical places and came back thoroughly refreshed with fond memories of the visit.

Best Faculty Board

The Physics Faculty board was adjudged as the best displayed board for the First term. The faculty was given a cash award by the Chairman and Correspondent. Computer Science Faculty was given a special prize.

Food Hygiene Evaluation Team

The Food Hygiene Evaluation Team which is part of the School Health and Hygiene Club inspects/visits all classes each term to ensure that students are maintaining the best food hygiene. Classes LKG C and VII C secured the same number of points and were adjudged as the Best Classes for food hygiene and awarded a prize by the Chairman and Correspondent.

Peer Assessment

In order to encourage and motivate students to speak in English, a Peer Assessment is carried out every term where students of each class select the students who speak the most and are the best in English. The class wise assessment for the first term was carried out and the winners from each class were awarded prizes. The name of the winners were displayed on the "Winners of the Month" Notice Board.

Best Class Notice Board

The Class Notice Board of the following classes were adjudged as the best displayed board for the first term. The classes were given attractive prizes by the Chairman and Correspondent as a token of appreciation.

CATEGORY	CLASS
I (LKG & UKG)	UKG 'B'
II (I – III)	I 'C'
III (IV – VI)	VI 'B'
IV (VII – IX)	VIII 'C'
V (X – XII)	XI 'AB'

Inter School Academic Competitions

Global Event Drawing Competition

Global Event Managers conducted a drawing competition for students of LKG to Class XII. 230 students from our School participated in this drawing competition. Results are awaited.

School Academic Competitions

The following School Academic competitions were held in the month of September and October 2024 for classes I to XII:

- ❖ Drawing Competition - 4th September 2024
- ❖ Essay Writing Tamil - 21st October 2024

Inter house competition (Classes I – XII)

The following Inter House Competitions were held in the Month of October 2024. The results are as under:

Event	Category	Winners	Runners
Volley Ball	Juniors	Shamrocks	Red Roses

* Names of individual winners are displayed on the “Winners of the Month” Notice Board.



HOUSE POINTS TALLY: CLASSES I TO XII

Blue Bells	Daffodils	Red Roses	Shamrocks
244	228	260	244

Inter house Competition (Kindergarten)

The following Inter House Competition was held for the four houses in Kindergarten in the Month of October 2024. The results are as under :-

Event	Category	Winners	Runners
Stand Broad Jump (Boys)	LKG UKG	Shamrocks Shamrocks	Shamrocks Blue Bells
Stand Broad Jump (Girls)	LKG UKG	Red Roses Red Roses	Shamrocks Daffodils

* Names of individual winners are displayed on the “Winners of the Month” Notice Board.

HOUSE POINTS TALLY : KINDERGARTEN

Blue Bells	Daffodils	Red Roses	Shamrocks
170	108	162	168

Happy Diwali – The Healthy Way

- by Riya W.N, CL. IV

Listen to what our heart echoes on this Diwali....

“Help me to breathe in a healthy way,
This Diwali, Let Crackers go away!
Stop pollution! Stop noise!

Help me to celebrate with gifts and sweets,
And once again say no to cracker's heats.
Help me to make my own gift wraps,
Let us give gifts in newspaper bags.
Help me to burn more of earthen lamps,
You too join in this eco- friendly camp.”

Happy Diwali Once Again!!!



A World of Wonders!

- by Sanjana J, CL. VII

The World is a patchwork of histories, cultures and customs that vary every few latitudes. All these elements remain unknown to us until and unless we step outside our door and explore the world.

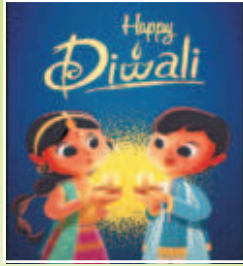
Travelling is far more than a mere visit to a place located outside your area of comfort and familiarity. When we travel, we broaden our perspectives. We find novelty in someone else's everyday life. We may also witness things that are accepted in our part of the world and dismissed in another. Like contrasting colours that make a striking appearance, these different customs and manners make our world a fascinating place.



Diyas On Diwali

- by Diya, CL. III

Festivals are an essential part of human life. They're like a special reminder of our values like tolerance, unity, sharing and the fact that humans are social beings. One such festival that is celebrated with great joy is Diwali. Diwali is a festival that marks the return of king Rama to Ayodhya after a big battle with the demon king Ravana. It's all about the victory of light over darkness.



Festivals are a wonderful way to connect with our neighbours and celebrate with them. Diwali reminds us to be kind to everyone and to have patience, believing that good things will come.

For a long time, Diwali has been linked to fireworks, but do we need them? Not really! Diwali can still be a fantastic celebration if we stay home, pray and light Diyas and enjoy with our friends and family.

Fireworks release harmful gases into the air, causing pollution that's bad for our planet. They also scare and harm animals living nearby. So, it's important to celebrate responsibly, without putting others in danger.

Enjoy your Diwali!!!

Children's Day

- by Shafiya, CL. IV

In India, Children's Day is celebrated on 14th November every year to commemorate the birth anniversary of our first Prime Minister, Pandit Jawaharlal Nehru.



He loved children dearly and is fondly remembered as "Chacha Nehru" by them. After his death in 1964, his birthday was declared as Children's Day nationwide.

Pandit Nehru was very fond of kids and advocated Children's education as he strongly believed that they were the future leaders of the Nation. He was strong believer of instilling rich moral virtues in children. He was of the opinion that children should be moulded from a young age properly so that they can become productive and responsible citizens of the country.

He was very fond of children reading books and enhancing their knowledge. The letters written by him to his daughter Smt. Indira Gandhi while he was imprisoned during the freedom struggle bears

testimony to the fact that he wanted children to acquire knowledge. This book, "Letters From A Father To His Daughter" is available in our School library and is worth reading.

The week following the Children's Day is observed as Library week where various competitions on reading, writing and knowledge are held.

Children's Day therefore emphasizes the importance of acquiring knowledge, showering love and affection to each child. It is celebrated with great fervour and enthusiasm in Schools across India. We Children cherish this day as we get to enjoy it to the fullest.

In our School, we celebrate it in a big way. We eagerly look forward to our dear teachers entertain us with dance and music and we are gifted with sweets.

Importance Of Self Care For Students

- by Meenakshi G, Commerce Faculty

- ❖ Self-care is about the holistic wellness of mind and body.
 - ❖ It focuses on lot of discipline that ensures a healthy mind and body.
 - ❖ Today students are more into eating junk food, playing games and chatting on mobile phones. This creates a lot of physical and mental illness to the students.
 - ❖ So, it is very necessary to have self-care for students of today.
 - ◆ Healthy Eating Habits
 - ◆ Good Sleep time
 - ◆ Good Sleep time
 - ◆ Meditation and Yoga
 - ◆ Physical exercises like walking, jogging, playing etc...
 - ◆ Spending time with loved ones at home
 - ❖ This kind of self-care will benefit the students in the following ways:
 - ◆ Improve their academic performance with less stress
 - ◆ Maintaining good mental health
 - ◆ Managing good relationships with peers, parents and teachers and avoid misunderstanding
- So let us all know the Importance of self-care and follow it.



Invisible For A Day

- by Mohammed Khan A, CL. IV

The first thing, I would do is visit places of historical and cultural importance that are not accessible to the public. For example, certain areas of a museums, government buildings and libraries containing rare manuscripts would be at the top of my list. Being invisible would allow me to explore behind the scenes and learn more about the secrets of history and how our world worked without restrictions.

Next, I would use my invisibility to understand human nature better, by observing people in their natural state without them knowing, I could learn about their true behaviours and emotions. I might visit a bustling café, a park, or even a hospital to witness the different ways people express love, kindness, or even sadness. It would give me a new perspective on human emotions and how they are influenced by the presence of others.

In conclusion, if I was invisible for a day, I would use that time to explore, help others and reflect on the nature of human behaviour. The opportunity would remind me of the importance of observation, empathy and action in making the world a better place. Although it would only last for a short time, the lesson I would learn would stay with me forever.



Whom Should I Call?

- by Varun A.C, CL. IX

The Wise Story of Akbar and Birbal

Akbar was a great king, who ruled his kingdom with peace and prosperity. He had an intelligent courtier named Birbal who always helped Akbar in solving his cases.

One day morning, after a good night sleep, Akbar woke up fresh. He got out of his bed and looked into the mirror. He shouted at his servant and said, "Go and call him now". The obedient servant rushed out but after a moment he realized that he did not know whom to call. But he was terrified to ask Akbar as the Emperor might get furious.



Now he went to Birbal instead and narrated his case. Birbal asked the servant, "What was the emperor doing when he called you?" The servant said, "He was looking at his image in the mirror." Birbal said, "it means the emperor noticed that his hair had grown long. He wanted to see the barber".

In the meantime, Akbar realised that he had not told the servant. Soon the barber entered his room. Akbar was surprised, He asked, "how did you understand that I wanted to see the barber?" The servant replied, Birbal told, your Majesty." Akbar admired Birbal's understanding.

Eight Facts About Your Heart And Cardiovascular System

- by Joselin.M, CL. IX

- ❖ Your heart can weigh between 7 and 15 ounces.
- ❖ New born babies have the fastest beats.
- ❖ Your heart is located in the middle of your chest.
- ❖ Your heart beats around 1,00,000 times a day.
- ❖ Your heart pumps 2000 gallons of blood a day.
- ❖ Laughing is good for your heart.
- ❖ Sneezing does not stop your heart.
- ❖ The average heartbeat of a women is about 8 beats a minute, faster than a man's heartbeat.
- ❖ Heart is the most useful organ of our body, so keep it healthy by regularly exercising your body, playing sports and games and above all let stress in life not over take you.



Brain Teasers

Teaser 1:



Across

1. Not often
3. With Justice
6. In a tidy manner
8. Without danger or risk

Down

1. In fact
2. Surprisingly
3. Openly

- 10. In an earnest manner
- 11. In a way which makes much noise
- 12. In a high degree
- 14. In quick succession
- 16. In a relaxed way
- 18. Softly
- 19. So far
- 20. Very much
- 4. At once
- 5. Without sound
- 7. Happily
- 9. Ever so
- 10. In a worthwhile way
- 13. With knowledge
- 15. At a great distance
- 17. In a greater quantity

Teaser 2: Spot 10 Differences



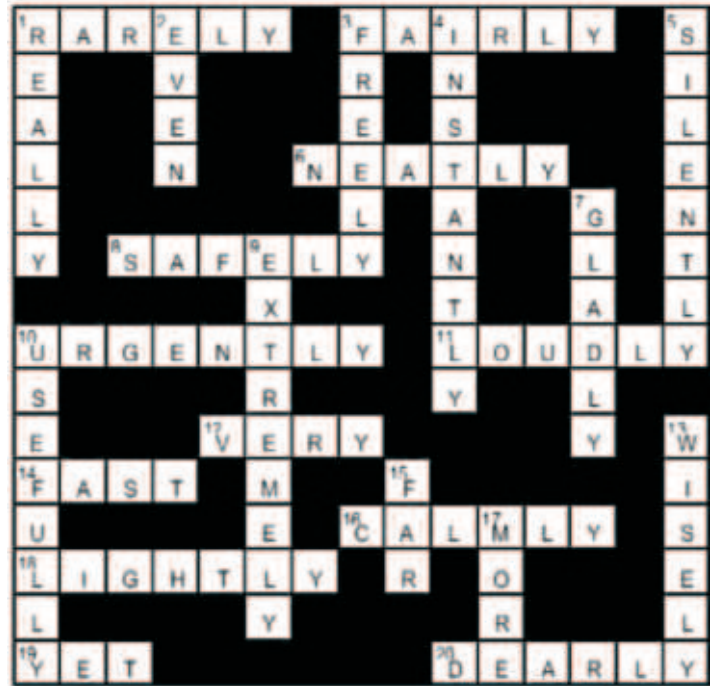
S. HARSHADA, CI-X



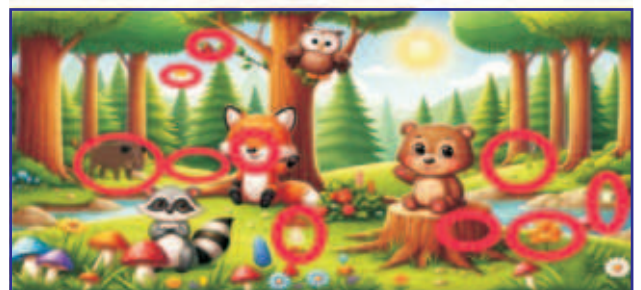
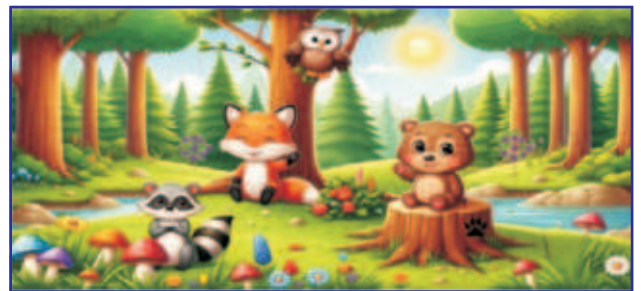
S. KAVIN, CI-VI

Solutions to Brain Teasers

Teaser 1:



Teaser 2 :



K. HANUSHA, CI-V



B. ACHSAH SUSAN, CI-VII



N. DIVYA, CI-VI



S. KAVIN SANDRON, CI-IX